

Don't let **MUMPS** ruin your fun.

Get vaccinated!

KEEP FROM SPREADING MUMPS



Don't share things with saliva (cups, utensils, e-cigs)



Cover your coughs and sneezes



Stay home when you are sick



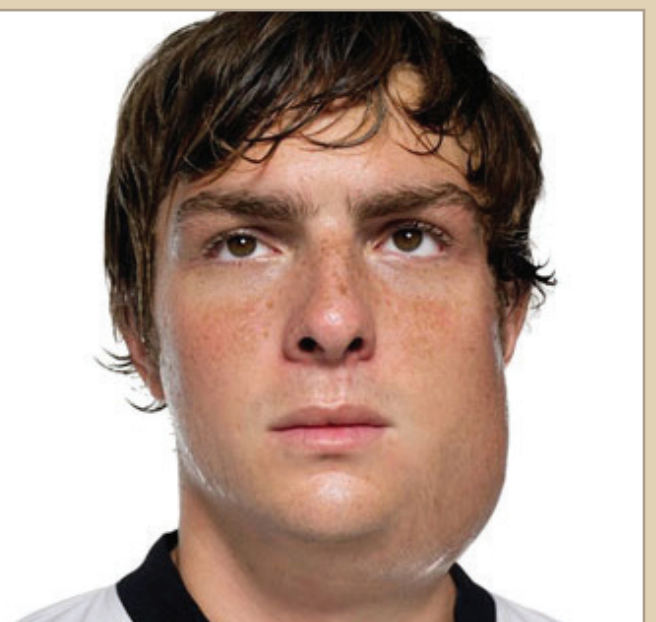
Wash hands with soap and water



Clean and disinfect surfaces

GET VACCINATED. THERE IS NO TREATMENT FOR THE MUMPS ONCE YOU GET IT.

Mumps cause puffy cheeks, swollen jaws, fever, headache, loss of appetite, muscle ache and tiredness.



IF YOU THINK YOU HAVE MUMPS:

- Contact your health care provider.
- Isolate yourself in a private room for 5 days after cheek/jaw swelling starts.
- Don't accept visitors.
- Have food delivered to avoid spending time in common areas.
- Wash your hands with soap and water often.
- Don't swap spit! No sharing food, drinks, utensils, e-cigarettes, cellphones, computers, or tablets.
- Don't attend classes, school, work, or social events.

CR-012494 11/19



COLLEGE of
CHARLESTON

